



Volume 16, No. 2



September - October 2018



# Windham News & Notes

## Ed Brown Closes The Mill Tavern After 50 Years

by Joyce Cumming

Ed Brown is closing the iconic Mill Tavern in Londonderry after 50 years. Originally intended as lodging for skiers, Ed, together with his twin brother Al, ran the business, which featured rock and roll bands in the evening, for the first few years. After having to refund lodging charges too often when guests couldn't sleep due to the loud music, in 1970 they scrapped the lodging end of the business and focused on entertainment, food and drink.



Known as The Mill Steakhouse in the beginning, it offered a limited menu of 5 items—all steak—ranging in price from \$3.50 to \$5.25. The menu was patterned after Tony Perry's The Five Flies in Manchester, which later became the Sirloin Saloon. There were no printed menus; instead, the offerings were posted on boards in strategic locations around the restaurant, visible to patrons. One evening, a young lady sought to "appropriate" one of the menu boards as a memento. The board was replaced with a new one when the loss was discovered, and no further thought was paid to the issue. That is, until 38 years later, when the woman, having become a respected professional, returned to the Mill to apologize and return the board, which currently hangs in the office at The Mill Tavern.

The restaurant grew with the market, discontinuing the rock and roll bands in 1982, and surviving countless snow storms, as well as three floods (1971, 1976, Irene in 2011) and a fire (2000). Widely recognized in the "front of house" as the host, Ed himself never worked the "back of house" preparing food, but did oversee a number of kitchen renovations.

Ed credits The Mill's success to the ambiance created by the setting. The building dates back to the 1850s and originally included a wooden sluiceway to an undershoot waterwheel. Damage from the 1928 flood left the building—at that time operating as a textile mill—abandoned for the better part of the next 40 years. Soon after purchasing the building in 1967,

Ed began fulfilling his vision for the space. As an artist living in a visual world, he set about filling the vertical space overhead with farm tools and antiques. In addition to his own acquisitions for the space, he also recruited the restaurant's staff to assist him in the project, bartering food and drink for firewood and artifacts.

In the spring of 1969, during one of his excursions in search of farming implements, he responded to an ad listing old plows for sale at a home on Adams Road. Having purchased a plow, and on his way back to Londonderry, he noticed an old sled at a farm on Windham Hill Road. Hoping to add it to his collection, he stopped to inquire with the property owner, Jim Perry. That particular piece was not for sale but Mr. Perry suggested Ed take a look around another barn on the property, some distance away. Ed soon realized, after finding nothing of interest there, that he was duped by the farmer, who merely wanted to have him muck through mud almost a foot deep. Being good-natured, Ed almost laughed at his own naiveté. While trudging back to his vehicle, he noticed a "for sale" sign on the neighboring property, an unoccupied Greek Revival home—the lines of which and views it offered—immediately appealed to Ed. The farmer ultimately provided Ed with the seller's name. Thus began Ed's residence in Windham.

My husband, Russ, and I met Ed 25 years ago here in Windham, and have since enjoyed many hours together. A lifelong bachelor, he endorses a "time spent well" philosophy and frequently quotes his personal philosophies. As for the next chapter of his life, he intends to spend more time devoted to creative energies such as painting, and perhaps cross-country skiing this winter.

When asked how he would describe himself beyond "artist" or "designer", he was at a loss for words. Some of us might suggest "story-teller" or "philosopher". However he spends his newfound time, we wish him well.



## NOTICE TO ALL WINDHAM PROPERTY OWNERS!

### PROPERTY TAXES ARE DUE WEDNESDAY, OCTOBER 31



*from Peter Chamberlain and Ellen McDuffie*

Property tax bills for January 1 - December 31, 2018 were mailed out the first week of August. Please contact the Town Office at 802-874-4211 if you have not received your bill, or received a bill and no longer own property in Windham. **The Town Office will be open on October 31 from 10 AM-2 PM for all town business, and for tax payments only from 8-10 AM and 2-5 PM.**

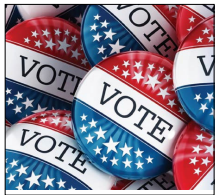
**All mailed payments must be postmarked by October 31, 2018.**

**Payments postmarked after October 31, or paid in the office after October 31, are DELINQUENT,**

and will incur interest of 1% per month, with a 3% penalty added on January 1, 2019.

## TIME TO VOTE, NOVEMBER 6!

*by News & Notes Staff*



The August 14 Primary went smoothly, under the direction of Mike McLaine, our Town Clerk, with the assistance of our Justices of the Peace. 'Thank you' to all who assisted with the voting.

If you would like to register to vote, or request an absentee ballot be mailed to you, you can do that now, and here's how: 1) you can come into the Town Office, or 2) you may register, or request an absentee ballot, online at [www.sec.state.vt.us](http://www.sec.state.vt.us), or 3) you may call or email the Town Office to request an absentee ballot, once you are registered to vote in Windham. If you want to vote absentee/early before the general election date, you can do that by requesting a ballot through one of the methods above (by mail, online, phone or email), as soon as the ballots arrive (which should be no later than September 22.) In effect, you can vote early/absentee anytime between September 22 and November 5. Be sure to follow the instructions for early voting very carefully so that your ballot is not determined to be "Defective", and consequently, by law, will not be counted.

The following are the positions to be determined by the election on November 6:

**Federal Office:** U.S. Senator, U.S. Representative

**State of Vermont:** Governor, Lieutenant Governor, Treasurer, Secretary of State, Auditor of Accounts, Attorney General, all (30) State Senate seats, all (150) State Representative seats

**Local (County and Town):** Probate Judge, Assistant Judge, State's Attorney, Sheriff, High Bailiff and Justices of the Peace.

On Tuesday, November 6, the Town Office will be open for voting from 10 AM - 7 PM. If you are in line to vote at 7 PM, you will be allowed to cast your ballot.

## ALL DOGS MUST BE REGISTERED!

According to Vermont Statute 20 VSA3581, any "person who is the owner of a dog or wolf-hybrid more than six months old, shall **annually, on or before April 1**, cause it to be registered, numbered, described, and licensed ... in the office of the clerk of the [town] wherein the dog or wolf-hybrid is kept." In addition, according to the Windham Vicious Dog Ordinance, section 4, "each dog shall be licensed according to the laws of this State and shall wear a collar or harness with the current license attached. A dog that is visiting from out of state must wear a collar or harness with a current license from its home state attached. A dog that is found without a collar or license shall be immediately impounded."

In order to register your dog as neutered or spayed, you must present, or have on file in the Town Office, a certificate signed by your veterinarian, showing that your pet has been sterilized. You must also present, or have on file, proof of a current rabies vaccination from a licensed veterinarian.

**IF YOUR DOG(S) IS/ARE NOT YET  
REGISTERED FOR 2018, YOU ARE IN  
VIOLATION OF VERMONT  
STATE LAW AND WINDHAM  
VISCIOUS DOG ORDINANCE  
AND NEED TO CALL OR COME  
IN TO THE TOWN OFFICE  
RIGHT AWAY TO REGISTER !**







## WCO Chicken Barbeque Success

by Pat Cherry and News & Notes

This year's Windham Community Organization Chicken Barbeque was a tremendous success. THANK YOU to all of the volunteers that cooked the chickens, made the potato salads, baked beans, sweet breads, green salad, and strawberry shortcakes, and prepared the strawberries and whipped cream. We sold 140 tickets, which was more than last year!

I want to especially thank Imme Maurath for organizing this great community event, and Walter Woodruff and his crew, for cooking the chickens. Also, thanks to Jo-Jo and Jim Chlegobiannis for donating the fresh strawberries and salad vegetables, and John Evans for providing a generous discount on the tent. The tent saved the day, since it started to rain while the strawberry shortcake was being served. Many people quickly set up tables and chairs inside the Meeting House for those that weren't under the protection of the tent, so that the conversations and raffle could be continued inside where it was dry.

Thank you to all our talented Windham residents who donated items for the raffle, and many thanks to the Windham Community Organization members, and everyone, who provided food, flowers and other assistance in making this such an enjoyable and successful event. And thanks to all who attended, including the familiar faces from Windham and our surrounding communities.



### WINDHAM NEWS & NOTES

A publication of the Windham Community Organization, published six times a year. Please send donations to the address on the back.

#### N&N Team

Maureen Bell Dawn Bower  
Mary Boyer Pat Cherry Mia Clark  
Leila Erhardt Frank Seawright  
Louise Johnson Kathy Jungermann  
Imme Maurath Ellen McDuffie  
Philip McDuffie

Many thanks to all who contribute.  
Send articles of around 300 words to the address on the last page or email to: [windhamnews@hotmail.com](mailto:windhamnews@hotmail.com).

**Next deadline: October 17, 2018**

## Windham Elementary School Scrape and Stain

A huge thank you to the team that showed up on Saturday, August 25, to help scrape and stain the school. Thanks to Alan Partridge for power washing the building and to Kord and Kathy Scott, Bill Dunkel, Gail Wyman, Mickey Parker-Jennings (teaching principal), Antje Ruppert, Luca Pozzi, and their Turkish exchange student, Batikan, for doing a great job sprucing up the building in time for the first day of school. Carolyn Partridge



*Before*



*After*



*Looking Good!*

## NOTICE

Due to the Labor Day Holiday,  
the Town Office will be **CLOSED**

Monday, September 3.

The Selectboard will meet on  
Tuesday, September 4 at 6:30 PM.

## Fiber Optic High-Speed Internet

Your Library Trustees would like to remind everyone that Windham has high-speed fiber-optic internet service at the library. Feel free to bring your laptop or tablet to the library and download movies at super-fast speed. This can also be done from the parking lot after hours. No password is required.



## Fire Company News

by Marcia Clinton

Fire Calls:

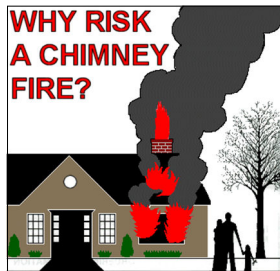
June 2 - Abbott Road, Odor investigation. 6 responded.

July 5 - West Windham Road, Truck and trailer fire. 8 responded.

July 6 - Timber Ridge. Motor vehicle accident. 8 responded.

July 20 - Mutual aid to Grafton for brush fire. 4 responded.

August 7 - Mutual aid for Londonderry Rescue Squad, Burpee Pond Road for lift assist. 3 responded.



Overcast skies and the threat of rain did not deter the faithful supporters of the Windham Fire Company's annual auction and BBQ on Saturday, August 11, 2018. Under the big tent, auctioneer John Hall kept the bidding at a fast pace for the assortment of items that poured out of the firehouse. The concession stand offered breakfast and lunch, with many homemade treats. The flea market had a constant traffic of treasure hunters, all of them finding something to take home. The word of the day was: "Bargains everywhere!"

In the evening, 151 people enjoyed the BBQ buffet, the highest attendance number yet. The finale that everyone was anticipating did not disappoint. The notorious Pie Auction brought on thoughtful, high

stakes bidding and lots of laughter. This year the high bid was \$425 for one prized pie!

This successful day could never happen without many volunteers who come out to assist the fire fighters. A special thanks to Jim and Jo-Jo Chlebogiannis for donating all the vegetables for the salads; and Tom and Susan Pease for picking up the tab for the chicken. Whether you baked a dessert, were a runner, flipped burgers, set up the flea market or were in the audience bidding on auction items, we send you a huge "thank you". And we look forward to seeing you again next year.

Friday, October 26th, will be the Windham Fire Company Halloween Party and Parade for all the kids (and for those who are still kids at heart and love this holiday) at the Firehouse. Time to start thinking about that unique costume you want to wear, scary or otherwise. Prizes will be awarded and games played.

Don't forget, winter's coming. Get your chimney cleaned before the weather gets cold. Chimney fires can cause lots of damage and a large repair bill.



## Halloween Party, Friday, October 26

### 5:30 PM at the Firehouse



Judging of the costume parade will be at 6 PM, so don't be late! Hot dogs, maybe chili, cider and seasonal treats will be there for the hungry kids and adults.

Parents are encouraged to come, dressed in costume if they wish, and bring a treat - healthy or otherwise - to share. There will be lots of games and prizes.







## Ring 4 Freedom

by Kathy Jungermann

On July 20, 2018 at 4:00 PM the first ever Vermont statewide Ring 4 Freedom was observed. Town and Church bells rang out across the state for 4 minutes to recognize and remember The Four Freedoms. Thanks to Ginny and Dave Crittenden and Maureen Bell for helping Windham participate in this uniquely Vermont celebration by ringing the bells at the Windham Congregational Church.

The Four Freedoms were goals introduced by President Franklin D. Roosevelt during his State of the Union address in January 1941. He proposed four fundamental freedoms that people everywhere in the world should enjoy: freedom of speech, freedom of worship, freedom from want, and freedom from fear.

Norman Rockwell, the legendary artist, was at his home in Arlington, Vermont when he heard the speech. At the time, Rockwell was painting covers for the Saturday Evening Post. He was inspired by the address and wondered how he could illustrate the concepts. His wife suggested that he “paint the ideas, not the words.” The artist explained in his autobiography that he attended an Arlington Town Meeting and was inspired by observing grass-roots democracy in action. He decided to illustrate “The Four Freedoms” in everyday American scenes using his Vermont neighbors as his models. All of the paintings were created in his Green Mountain Studio in Arlington, Vermont.

The illustrations, “Freedom of Speech,” depicting a dignified everyman speaking at a town meeting; “Freedom of Worship,” a group in prayer; “Freedom from Want,” an idyllic family dinner, and Freedom from Fear,” showing parents tucking in their children, were published weekly on the cover of the Saturday Evening Post in 1943. Ring 4 Freedom commemorated the 75th anniversary of the artwork.



Photos: (top) *The Four Freedoms by Norman Rockwell;* (above) Maureen Bell, Dave Crittenden, Dave and Ginny Crittenden ringing our bell.

### **STRONG LIVING, Monday & Thursday, 10 AM at the Meeting House**

The Strong Living Program is a group exercise program developed through years of research by Tufts University to assist older adults with health and wellness. The classes are designed for active and sedentary adults, and focus on light weight training, stretching, and balance exercises to improve fitness, mobility, and strength.



## Chocolate Fest 2018 a Success!



*Sally Hoover*

Undaunted by a very warm day, an enthusiastic and hungry crowd gathered at the Landgrove Inn for the 8th annual Chocolate, Cheese, and Chili Fest held on August 6th. The Windham Community Organization (WCO) was happy to sponsor three tables of delicious homemade baked goods to support this fundraiser for Neighborhood Connections.

Claudia Holmes brought hundreds of pastel colored cupcakes from her business Claudia's Cupcakes and More. Brenda Coolbeth of Windham Sweets filled her table with slices of divine cake. Joining us for the first time this year were the ladies of Calvary Chapel Maple Valley who provided homemade brownies, cupcakes and peanut butter cookies. Welcome aboard!

Thank you to all who contributed to our WCO table including Pat Cherry, Carolyn Partridge, Imme Maurath, Joyce Cumming, Kathy Jungermann, Mia Clark, Sally Hoover and Chris Dunkel. Diners were also delighted to sample some delicious gluten-free treats baked by Sally and Chris.

The event was a great success and will help Neighborhood Connections to continue their work to connect local residents in



*Photo left: Joyce Cumming*

*Photos right: Claudia's Cupcakes*

## Great Turnout for Ice Cream!

The Windham Congregational Church's Ice Cream Social on Sunday, August 5, to benefit the Windham Summer Camp 2019, was a great success

About 30 people came out to enjoy ice cream and support the Summer Camp. The servers seemed to be having as much fun as anyone. Thank you to all that made this a fun, enjoyable community event.

*Photo right: Servers Dawn Bower, Louise Johnson, Ginny Crittenden and Leila Erhardt*

need with appropriate services available.

Here's a treat for all of those who could not attend. Although there were many desserts to choose from, the most requested recipe was for the Nutty Goody Bars that Imme made. Enjoy!

### Imme's Nutty Goody Bars Recipe

In a saucepan, melt 12 oz. chocolate morsels, 12 oz. butterscotch morsels and 2 cups of creamy peanut butter. Stir until smooth. Pour ½ of the mixture into a 10x14 dish, sprayed with PAM. Freeze.

In saucepan, combine 1 cup butter, ½ cup evaporated milk, and ¼ cup of vanilla instant pudding mix. Fold mixture into 2 lbs. powdered sugar, and mix well. Spread evenly over frozen chocolate layer. Freeze.

Once frozen, top with the remaining chocolate mixture and refrigerate until firm. Yummy!



## Windham School Board News

by Carolyn Partridge

The Windham School Board and a group of committed community members continue to research and explore options as we prepare to present our Alternative Governance Structure (AGS) Proposal to the State Board of Education (SBE) on September 19<sup>th</sup> at Green Mountain Union High School. The Acting Interim Secretary's Plan recommended that we be forced to merge with the West River Modified Unified Education District (WRMUED) despite our vote opposing merger.

Our AGS Proposal requests that we be allowed to remain as we are currently with our own school board and responsibility for our budget. Under that scenario, we would continue to own our school, property, and bus. Our intent is to continue to work with the Windham Central Supervisory Union to improve efficiency, opportunity, and promote lower costs.

We feel that we can better meet the five goals of Act 46 while providing an excellent opportunity for education at a cost that is valued by the parents, voters, and taxpayers of the Town of Windham. We feel that we can better promote transparency and accountability if we present a budget solely for the Town of Windham at Town Meeting.

If we are forced to merge, we will have one member on the WRMUED board of eleven with little power to effectively represent Windham's interests. Perhaps most notably, if the SBE forces us to merge, the Windham Elementary School building, property, and school bus would become the property of the WRMUED.

One of the options we are considering is to sell the school to the town. Under the State property tax system, for every dollar we spend on building maintenance/costs, the taxpayers of the Town of Windham send two dollars to the State Education Fund. If the town maintained the school, municipal taxes might go up but ultimately it would be cheaper for taxpayers.

As part of this option, we would have a vote to close the school as public and create an independent school. At our last meeting, we had a visit from Jay Stroud of the New England Association of Schools and Colleges, which is an accrediting organization. If accredited, we would receive a yearly per pupil payment from the State. Needless to say, this process would be a huge undertaking. What we would prefer is to remain as we are, but if we are forcibly merged, the thought of losing ownership of our building, property, and bus, and control over the education of our children, is concerning.

We are working with Vermonters for Schools and Community (V4SC) ([www.vtschoolsrock.org](http://www.vtschoolsrock.org)) which has members from all over Vermont. In a recently-released, 14-page document, *Unfair and Unwise*, inconsistencies and flaws in the Acting Interim Secretary's Plan are expounded upon. It concludes with recommendations and requests that we endorse. The first is to "honor the wishes of the electorate and not force merger upon any town that has rejected merger at the ballot box, but instead approve any Section 9 proposal that such town is party to." Recommendations include to not merge districts that are geographically isolated due to inhospitable roads and distance between schools; to not merge districts with debt differentials; to prohibit one-way bus rides that are longer than current prescribed times; and to require any school district created in a forced merger mandated by the State Board of Education to pay fair market value for all school property seized from any town that was forced into the merger.

We will continue to explore all possibilities and invite any interested townspeople to join us. Our meetings are usually the first Monday of every month at 4 PM at the school, unless otherwise warned, or because of a holiday. Due to the aggressive timeline involved, we have been meeting more often. If you have any questions, please feel free to contact us.

### Save the Date! Harvest Supper with Square Dance and Photo Contest by Imme Maurath and Staff

This year's **WCO Harvest Supper and Square Dance** will be held on **Saturday, November 10 at 5:00 PM at the Meeting House.**

The traditional dinner will consist of ham, butternut squash, baked beans, scalloped potatoes (and a gluten-free version), sweet breads, rolls and assorted homemade pies. Square dance, called by Sally Newton, to follow.

All are invited to submit photos for the popular Windham Photo Contest. Photos (8X10) will be displayed on the walls of the Meeting House for Harvest Supper patrons to vote for their favorites.

The twelve winning photos will appear in the 2019 Windham Library Calendar, which is a fundraiser for the library. Calendars will be on sale by the end of November for \$10 each. See the attached insert (or page 13 of the PDF online version) for entering your photographs.

The deadline is Wednesday, October 31.

It will be a night to send you home smiling, for sure!







## From Windham Elementary School, August 18, 2018

by Gail Wyman

Well, summer is ending and we are back to school. Amazingly, by the middle of the summer, some of our students are ready for school to begin again, for the socializing part of it. Our first day of school was August 29<sup>th</sup>. Everyone was invited to our annual First Day of School Potluck Breakfast. This is always a happy day of smiles, laughter and loud voices; children and teachers happy to see one another again.

There is not much to report for this News and Notes. What I am sending out is our principal's letter to the parents, welcoming everyone back to the 2018-2019 year. When there is a special event going on at our school this year, we will be passing the announcements on to our Town Clerk to post on the Town website. Please check the town website for our events and join us!!!

Now for the letter from our principal, Mickey Parker-Jennings:

Dear Windham School Families, August 1, 2018

I would like to welcome all of you back to another year at our endangered species of a school. There are a great many changes on the horizon for schools and students in Vermont which may bring some new and exciting opportunities for the education of all children in this area.

As you may be aware, ACT 46 requires that our school board be dissolved at the end of this school year and be absorbed by a larger board, whereby the town of Windham will have one member on an eleven person board that will meet down at Leland and Gray on a monthly basis. This is a scary proposition since the members of that board will be able to do as they please with our school and building. Currently, our school board is considering a few options for how to best deal with this.

All that said, our job this year is to provide the most comprehensive educational experience for your children. We will continue to be a part of the SU [Supervisory Union], participate in the district-wide common assessment plan, work with other schools for

increased opportunities, and use the Common Core State Standards, the Next Generation Science Standards, and the newly adopted G-3 Framework for social studies, to plan our curriculum. As always, we are looking for art related experiences that the students can learn from and expand their worldly view. If you have any ideas or want to donate your time for an art lesson, please do contact someone at the school.

I am excited for this upcoming school year and would love to meet with you to discuss anything school-related leading up to the start of the year. Please remember that my first commitment every day is to the students and the teaching of their class, so if you have something that does require you to speak with me, please try to make an appointment ahead of time, if possible. Thank you all for your continued support of this amazing institution, your dedicated staff, and all the wonderful children in Windham!

Sincerely,

Mickey Parker-Jennings

## Londonderry Lion's Club

Londonderry Tri-Mountain Lions have had a busy summer. The winners of the 4th of July Duck Race were: 1st place \$150.00, Carol Lechthaler; 2nd place \$100.00, Noreen Lenilko; 3rd place, Noreen Lenilko. Thank you to all who participated in this fundraiser.

Our club welcomes two new members: Andie Fusco of Londonderry and Kathy Scott of Windham.

All monies from our fundraising go back to the community. We recently donated \$70 to the Grace Cottage Community Health team for the purchase of two blood pressure monitors. Other donations include \$100.00 to Londonderry Fireworks and \$250 to Music Mondays at Pingree Park. We are providing rides for local seniors to the monthly Senior Luncheons in Londonderry. We are also baking cookies for the take home bags for the Seniors. We cooked and served Vegetarian Chili at the Chocolate, Cheese and Chili Fest on August 6th at the Landgrove Inn, benefiting Neighborhood Connections.

Our club meets on the 2nd and 4th Thursday of every month at 7:00 PM at Neighborhood Connections Meeting Place. We welcome anyone who is interested to join us.

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## Hazelnut Trees in Windham

by Frank Seawright

Four years ago, I was given three hybrid hazelnut plants as a birthday present. They came from the Arbor Day Foundation, and the recipient is asked to report periodically on where you are located and how well your plants are doing. Last winter was a tough one, and I was apprehensive that they would not survive – mine were set out right on top of our little mountain and not protected from the wind or snow. But this is a tough plant, and this fourth year looks to be producing a good crop. These are hardy trees that grow fast, give some fall color, and hazelnuts. And various wildlife forms love them.

This is a somewhat odd plant; they have both male and female flowers on the same plant, but they are self-incompatible so you'll need about three plants to get started. Male and female flowers develop in the fall. When the female flower is open and fully functional (anthesis), it is temperature dependent and blooms December through February. That's when they are pollinated, but actual fertilization of the ovule does not occur till around May.

One of the questions on the Arbor Day questionnaire is "Do native hazelnuts grow in your area?" Answer: "They do." Walk along Route 121, east of Lawrence Four Corners, and one can see many.

Here are pictures – Top photo, is "beaked" flower; and bottom, is the hybrid I'm growing. The reason it's



named "beaked" is pretty obvious. The "beaked" variety produce less than my hybrid. Squirrels and birds both like them, and you need some luck to get to the nuts first. The hybrid produces a lot more nuts than the wild-type, and bears and deer could eventually become a problem for me, but have not yet.

Breznick Woodworking  
Joe Breznick Cabinetmaker

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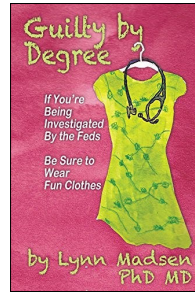


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## Windham Library Book Club Selections

Wednesday, September 5, 2018 – 3:30 PM



*Guilty By Degree: If You're Being Investigated By the Feds, Be Sure to Wear Fun Clothes*  
by Lynn Madsen, PhD, MD. [This discussion is scheduled to include a visit from the author!!!](#) Epitomizing the phrase, "physician heal thyself," Madsen slowly but finally embraces the great irony that she must leave medicine in order to heal and transform her fears and doubts into truth and freedom.

After the feds visit her patients' homes, then her medical office, the extreme investigation by the federal government for Medicare and Medicaid billing fraud—that to her is a billing error blown out of proportion—continues. After eight months, her heart breaks, and she spends five days in the hospital. Eventually, hitting the road, and living for six months in her van named Jane, she finds life after medicine with her new tribe—those living on the fringe of society.

A magnificent act of courage, beautifully crafted, this story needs and wants telling with all its humanity laid bare. This book honors every person's desire to do the right thing, fight the good fight, and find his or her own courage.

Wednesday, October 3, 2018 – 3:30 PM



*The Tea Planter's Wife*  
by Dinah Jefferies

#1 International bestselling novel set in 1920s Ceylon, about a young English woman who marries a charming tea plantation owner and widower, only to discover he's keeping terrible secrets about his past, including what happened to his first wife, that lead to devastating consequences.



**FRESH FOOD MARKET**

**Fresh Produce, Deli, Bakery, Meat  
Beer, Wine, Natural and Gourmet Foods**

**MOUNTAIN MARKETPLACE**

**Jct. Route 100 and Route 11 in Londonderry**

## Locals Can Bring Home Healthy Foods with Assistance from Grace Cottage

by Jacki Brown

Vermonters are hardworking people, but the high costs of housing, food, fuel and other necessities can make it tough to meet basic needs. Thanks to 3SquaresVT (formerly food stamps) more Vermonters are able to buy healthy food for themselves and their families. Grace Cottage Resource Advocate Jane Wheeler is available to help West River Valley residents gain access to this valuable program.

3SquaresVT helps people with a limited income buy more food, like fresh veggies, fruits, and whole grains. Over 77,000 Vermonters get benefits, but many more qualify and don't know it. The income limit is \$1,860 per month for one person; it's \$3,793 for a family of four. Applying for these benefits, not only helps families afford nutritious food, it supports the economy by bringing more than \$9 million federal dollars into the state each month.

If you or someone you know -- perhaps an elderly neighbor or a single parent -- is struggling to make ends meet, apply for 3SquaresVT. If you are a patient at Grace Cottage or live in the West River Valley, Resource Advocate Jane Wheeler can help with the application process. To schedule a free, one-on-one appointment, call Jane at 802-365-3770.

Also note: Grace Cottage hosts the Vermont Foodbank's Veggie VanGo program on the fourth Thursday of every month from 12:00-1:00 PM, outside of the Family Health entrance at 185 Grafton Road, Townshend. Each month, the food truck delivers hundreds of pounds of fresh food for participants to bring home. All who struggle to afford healthy foods are welcome. Some limits may apply. No proof of eligibility required. Bring reusable bags or boxes.

## September Classes and Support Groups at Grace Cottage

As the leaves change color, and the kids go back to school, September is a good time to consider making positive changes in one's own life. Following are current and upcoming, free and low cost wellness programs offered at Grace Cottage. All of the groups and classes listed below take place in the Grace Cottage Community Wellness Center, Heins Building, 133 Grafton Road, Townshend.

**Weight Loss Support Group:** Starting September 11, the group will meet weekly, Tuesdays, 10:30 AM- 12:00 PM. Instructor: Grace Cottage Health Coach Liz Harrison. Free. 365-3766.

**Mental Illness Family Support Group:** 2<sup>nd</sup> Tuesday of every month. 6:30-8:00 PM. Facilitated by trained members of the National Alliance on Mental Illness (NAMI). Free. 713-591-2857.

**Alzheimer's Caregiver Support Group:** 1<sup>st</sup> Thursday of every month. 11:00 AM-12:00 PM. Led by Grace Cottage Community Health Team Members Claire Bemis and Alicia Moyer of SASH. Free. 365-3763.

**Living Alone Support Group:** 3<sup>rd</sup> Wednesday of every month. 10:15-11:45 AM. Facilitated by Alicia Moyer of SASH. Free. 365-4115 x108.

**Yoga:** Gentle, yet invigorating, classes resume September 4<sup>th</sup>, Tuesdays: 4:30-6:00 PM & Fridays: 3:30-5:00 PM. Chair yoga for Beginners: Wednesdays 1:00-2:00 PM. Instructor for all classes: Grace Cottage Director of Rehabilitation and Wellness Crystal Mansfield. \$5/class. 365-3649.

**Strong Bones:** On-going classes offered Mondays & Wednesdays: 10:30-11:30 AM or 5:00-6:00 PM. Tuesdays & Thursdays: 8:45-9:45 AM or 10:30-11:30 AM. \$3/class. Pre-registration required. 365-3649.

**Tai Chi for Fall Prevention:** Beginner classes run in 6-week cycles on Wednesdays and Fridays 9:00-10:00 AM. Class are free, some restrictions may apply. To find out more or to reserve a spot in the next series, call 365-3649. Level 2 classes are available for Beginner class graduates on Tuesdays, 12:45-1:45 PM. A 10-week Level 2 series led by Alicia Moyer begins September 4<sup>th</sup>. To inquire about Level 2 & 3 classes, contact Alicia at 365-4115, x108.

Note: Cancellation of a class or group may occur due to weather, illness, holidays, or occasional conflicts in schedule. To confirm that an event is happening, or for more information on any listing, visit [www.gracecottage.org/calendar](http://www.gracecottage.org/calendar) or call the number listed for each program.

**Hospital Fair Day a Success!** Fair Day is a very special event – due to the hard work and support of so many! Folks line up for the annual parade of those born at Grace Cottage from 1949 and later, in the photo below.



 **GraceCottage**  
HOSPITAL  
*We Go Beyond Patient Care*

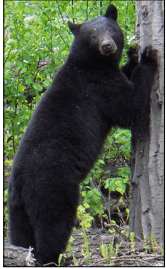


185 Grafton Road  
(Route 35)  
Townshend, VT  
[www.gracecottage.org](http://www.gracecottage.org)  
802-365-7357



## Hunting Season Is Here!

Vermont Black Bear Season begins September 1. Bear hunting hours are from 30 minutes before sunrise to 30 minutes after sunset. Hunting at night is prohibited. A hunting license is required, and the limit is one bear per calendar season. No trapping or baiting is allowed, and it is illegal to shoot a bear that is at a birdfeeder. **It is illegal to feed bears at any time.** Hunters may use dogs to take bear only when the person in control of the dogs has a bear-dog permit from the state. Hunter orange is not required by law in Vermont, but wearing it might save your life. Almost all of Vermont's hunting-related shooting accidents would have been prevented if the hunters or hikers had been wearing hunter orange. Ticks that cause Lyme disease are still quite active in the fall, especially in southern Vermont, so be sure to use tick repellent. Be sure to review all bear hunting regulations at [www.vtfishandwildlife.com/](http://www.vtfishandwildlife.com/). Our local Game Warden is Kyle Isherwood and he can be contacted at any time on his cell phone at 802-279-8935 to report suspected violations. He expects Windham to have a lot of bear hunting activity, as it is a popular place to hunt.



## West Townshend Farmer's Market

Music Schedule:

**September 7** - Walter Slowinski and Ron Bos-Lun on clarinet, mandolin and vocals. Fun, funky, kid friendly music.

**September 14** - Aura Shards. Mesmerizing music in tabla and handpan

**September 21** - Sunny Lowdown sings the blues

**September 28** - Jazzberry Jam. Swinging old time jazz

**October 5** - The Buzzards, bluegrass, country, Americana. Last Farmer's Market of 2018.



### OFFICIAL TOWN WEBSITE

Be sure to use the Official Windham Town Website: **TOWNOFWINDHAMVT.COM** for warnings, meeting schedules and minutes, events, town information. Your input is important. Please contact the webmaster, Vance Bell, with ideas or corrections: [webmaster@townofwindhamvt.com](mailto:webmaster@townofwindhamvt.com).

### TOWN CONTACTS

TOWN WEBSITE: [TOWNOFWINDHAMVT.COM](http://TOWNOFWINDHAMVT.COM)

Town Clerk: Michael McLaine, phone: 874-4211; email: [windham.town@gmail.com](mailto:windham.town@gmail.com)

Town Treasurer: Peter Chamberlain, phone: 874-4211; email: [windham.towntreasurer@gmail.com](mailto:windham.towntreasurer@gmail.com)

Town Road Foreman: Josh Dryden, phone: 874-7025 at the Town Garage

Lister and Zoning: Alison Cummings, 874-7223; [cobbbrookfarm@gmail.com](mailto:cobbbrookfarm@gmail.com); Lister: Russ Cumming, 874-7011

E911 Coordinator and Lister: Meredith Tips-McLaine, 875-1550; [meredithtipsmclaine@gmail.com](mailto:meredithtipsmclaine@gmail.com)

Select Board: Maureen Bell, chair, phone: 875-1024; email: [mbellselectboard@gmail.com](mailto:mbellselectboard@gmail.com)

School Board: Antje Ruppert, phone: 874-4759; email: [antje@sover.net](mailto:antje@sover.net)

Windham Community Organization: Ellen McDuffie, phone: 874-8183; email: [eflockwood@aol.com](mailto:eflockwood@aol.com)

Windham Fire Warden: Rick Weitzel, phone: 874-4104; Ralph Wyman, phone: 875-3373

Health Officer: Marcia Clinton, phone: 875-3531; email: [mclinton@vermontel.net](mailto:mclinton@vermontel.net)

Planning and Energy Commission: Bill Dunkel, phone: 874-4131; email: [bdunkel1455@gmail.com](mailto:bdunkel1455@gmail.com) (lower case L, then number 1455)



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Windham News & Notes  
5976 Windham Hill Road  
Windham, VT 05359

*Windham News & Notes*  
welcomes submissions. Send  
articles of about 300 words to  
the above address or by email  
to:

[windhamnews@hotmail.com](mailto:windhamnews@hotmail.com).

*Please keep us informed of  
any name or address changes.*



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### REGULARLY SCHEDULED MEETINGS



**Energy Committee:**  
3rd Thursday at 4:30 PM at  
Town Office, Sept 20 &  
Oct 18.

### Windham Community Organization:

Last Wednesday of the month  
at 7 PM at the Meeting House,  
Sept 26 & Oct 24 due to  
Halloween. Call Ellen  
McDuffie at 874-8183.

### Town Clerk: 874-4211

Monday: Noon - 8:00 PM  
Tuesday: 6:00 AM - 10:00 AM  
Wednesday: 10:00 AM - 2:00 PM  
Closed all Thursdays, Fridays,  
and Federal Holidays. Open every  
fourth Saturday, Sept 22 &  
Oct 27, 8 AM - Noon.

### Planning and Zoning:

Second Wednesday of the  
month at 6:30 PM at the  
Town Office; Sept 12 & Oct  
10. Open meetings. Agenda  
posted. Call Bill Dunkel at  
874-4131 for information.

### Windham Congregational Church (UCC):

Sundays: Services  
suspended for now.  
Call Dave Crittenden at  
874-4049.

### Select Board:

1st & 3rd Mondays,  
Sept 4 & 17, Oct 1 & 15 at  
6:30 PM at the Town  
Office. Open meetings.  
Agenda posted. Check web-  
site: [townofwindhamvt.com](http://townofwindhamvt.com)

### Library:

Every Wednesday, 3-5 PM  
at the Meeting House,  
Book Group at 3:30 PM,  
Wednesdays, Sept 5 &  
Oct 3 at the Meeting  
House.

### Valley Bible Church:

Sundays: Sunday School,  
9:55 AM; Morning Worship,  
11 AM; Potluck, 12:10 PM;  
Sun. Afternoon Service,  
1:10 PM; Wednesdays, Bible  
Study/ Prayer, 7 PM.

### School Board:

First Mondays at the  
Elementary School at 4 PM.  
Sept 4? & Oct 1. Check  
postings.  
Call Antje Rupert at  
874-4759 to confirm.

### Volunteer Fire Company:

First Thursday of the  
month, Sept 6 & Oct 4 at  
6 PM at the Firehouse.  
Heavy refreshments/dinner  
served.

**Listers:** Every Tuesday  
9 AM- Noon at the Town  
Office.

**WRMU Union School District:**  
Third Mondays at 7 PM at  
Leland & Gray. Call Leland &  
Gray for confirmation.

## SAVE THESE DATES!

September 1 - Black Bear Hunting Season Opens; Say Good Bye to the Hummingbirds  
October 26 - Halloween Party at the Fire House, 5:30 PM  
October 31 - Property Taxes Due, Town Office Open 8 AM - 5 PM for payment  
October 31 - Photos for "Capturing the Beauty of Windham" due by 5 PM at the Library  
November 6 - Election Day, 10 AM - 7 PM at the Town Office  
November 10 - WCO Harvest Supper & Square Dance, 5 PM at the Meeting House







**2018 ANNUAL WINDHAM PHOTO CONTEST**  
**"CAPTURING THE BEAUTY OF WINDHAM"**



Limit of 3 photos per person. Originals preferred.

8" X 10" photos are best for display and judging.

Please do not mount or frame your photos.

Only photos taken in Windham, with no people, will be considered for prizes and for the 2019 Windham Town Library Calendar.

Photos can be left at or mailed to the Windham Town Office:

5976 Windham Hill Road

Windham, VT 05359

or delivered to the Library during library hours, Wednesdays, 3-5 PM.

**All photos must be submitted by Wednesday, October 31.**

Photos will be exhibited in the library at the Harvest Supper on November 10, and will be judged by attendees that evening. Windham calendars will be ready for Christmas gift giving and can be purchased at the Windham Library or the Town Office by Thanksgiving

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

TITLE OF PHOTO (required) \_\_\_\_\_

**Please read and sign below:**

I understand that contest photos become the property of the Windham Town Library and income derived from the use of the photos will go to the Windham Town Library for the betterment of the library. Any use of a photo will credit the photographer. The photo may be included in the 2019 Windham Town Library Calendar.

I understand that this photo will be exhibited for public viewing in the Windham Town Library. I further understand that only photos of Windham will be considered for prizes and for the Windham Town Library Calendar.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE TURN IN PHOTOS BY WEDNESDAY, OCTOBER 31**

**Print and fill out form to submit with each photo entry.**

# How do you get Windham's news?



## By supporting the *Windham News & Notes*

The next issue of the *News & Notes* begins our **16th** year of bi-monthly publication. We have an all-volunteer staff and depend on your annual support to cover the cost of production and mailing.

Like public radio and public TV, we ask you to contribute whatever you can, with the average contribution being \$15. Your support will ensure that you and others receive Windham's own news source for another year.

**PLEASE PRINT THIS PAGE ( Page 13), fill form out completely, checking the desired boxes below, and return this entire form to:**

**Windham Community Organization, 5976 Windham Hill Road, Windham, VT 05359.**

**Include your check or money order made payable to the Windham Community Organization.**

*Please note on the memo line: News & Notes.*

My gift of \$ \_\_\_\_\_ is enclosed.

☐ **Mail by post** my black and white printed copy of the *News and Notes* to:

**Mailing Address:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

☐ I would rather receive the *News & Notes* **online only**, in color.

☐ I'd like **both** a **mailed** copy and an **online** copy.

☐ I currently rent my Windham property to: \_\_\_\_\_  
 They are Windham residents and should be added to your mailing list at my Windham address.

☐ I want to receive **emailed notices of events** in Windham and nearby towns.

☐ I want to receive **emailed notices from the Town Office** regarding town government.

My/our **email address(es)** is/are: \_\_\_\_\_

*(Please leave email address **blank** if you are currently receiving News and Notes by email*

*and no changes are necessary. However, be sure to check all boxes as desired.)*



## Hospital Fair Day a Success

*by Doug DiVello, Grace Cottage President and CEO*

On August 4<sup>th</sup>, I had the pleasure of attending an event that I will never forget. With all of the advance feedback I had received about Grace Cottage Fair Day, I knew ahead of time that I was in for a treat. Boy, is that an understatement!

I am at a loss for words to describe how a small community health care organization can pull off such an amazing “party” that is the pride of thousands of southern Vermonters and out-of-state visitors. During the day, I had the pleasure of speaking with people from near and far, who recognize Fair Day as the centerpiece of their summer celebrations. And despite a little rain, it seems that our loyal supporters were not discouraged.

It clearly takes an “army” of volunteers and paid staff to put on Hospital Fair Day. I thank all volunteers and employees who helped out. It’s a lot of work, and all efforts paid off, in spades. Early calculations indicate that our revenues were about the same as last year, which is no small feat, in view of the challenging weather conditions we experienced on Friday and Saturday.

Grace Cottage is so fortunate that it has the admiration and support of the communities it serves. And Fair Day is a shining example of that tradition – of helping, sharing, volunteering, giving, embracing and celebrating. It could not happen without the dedication and generosity of so many.

*Folks line up for the annual parade of those born at Grace Cottage from 1949 and later.*



*With special thanks to ‘Auntie-Depressant’ (aka Nancy Jean Henry of Jamaica) for bringing a ray of sunshine to the rainy day.*





## WANTASTIQUET ROTARY OF LONDONDERRY AND SURROUNDING MOUNTAIN TOWNS

### Trail Improvements *by Robert Rice*

Over the past few months the Wantastiquet Rotary has been involved in new trail signage and trail maintenance of local trails in Londonderry. They are the Library Trail in South Londonderry (next to Town Hall), Flood Brook Elementary School Trail, and Memorial Park Trail.

Through a \$1,500.00 grant from the Collaborative of Londonderry via the State of

Vermont, trail markers (paw print logo) have been placed on all three trails, as well as entry signage at each trail head. Thanks to members of the Rotary, Burr and Burton High School students, and the help of Marge Fish of the Green Mountain Club, the project has gone forward.

Beyond the signage installed, the Rotary, with the help of Burr and Burton students, will continue to clear and maintain these trails for the enjoyment of local residents.

Please continue to support the Rotary of Londonderry and surrounding towns.



### More Lions Club News *by Randee Keith*

Tri-Mountain Lions member Randee Keith (left) presents Orvis' Rod and Reel to Ron Gillespie (right), 1st place winner of the Lions raffle. Ron very generously donated the prize back to the Lions to use in another raffle. Gabe Perkins' name was drawn for 2nd place, a Vermont Country Store gift basket, and 3rd place winner Lee Forbes won two lift tickets for Stratton. Tri-Mtn Lions thank all who bought raffle tickets. A special thank you to Orvis, Vermont Country Store and Stratton for the donation of the prizes.

Area schools are back in session, which means Tri-Mtn Lions will be performing Vision Screenings during the month of September. Last year Tri-Mtn screened over 500 students and staff.

Lions Club motto is "We Serve". All of our fundraising money goes back into the community.

Interested in joining? Come to meetings on the second and fourth Thursday at Neighborhood Connections Meeting Place room at 7:00 PM, or contact Randee Keith at 824-6750 or [randee.55@comcast.net](mailto:randee.55@comcast.net).





## Harvest Fest at the Athens Brick Meetinghouse *by Sherry Maher*

The Athens Brick Meetinghouse will be the site of a Harvest Fest on September 22, 2018 starting at 2 PM. After the success of the Meetinghouse 200th Birthday Celebration last year, we decided to make this BBQ dinner and gathering an annual event.

Join us on the Meetinghouse Common starting at 2:00 PM for some fun, games and a chance to catch up with neighbors or make new acquaintances. There will be horseshoes, fun activities for kids of all ages, and lots of raffle prizes. The BBQ will be served up at 3 PM, with dessert to follow, while winners are drawn for the many great items being raffled off, including two cords of firewood.

The Meetinghouse is historically significant to the Windham County region, and particularly the twelve towns which comprised the "Old Athens Circuit" - Grafton, Rockingham, Townshend, Londonderry, Weston, Chester, Acton, Springfield, Landgrove, Windham, Putney and Mt. Holly.

Circuit preachers from Athens, traveled out to these twelve towns to perform religious services. Quarterly camp meetings with the Methodist congregants from these towns often lasted two days at the Athens Meetinghouse, also known as the "Mother Church."

This historic landmark will be open for tours during this event. Suggested donation for the BBQ dinner is \$10 for adults, \$5 for kids. All proceeds support ongoing work to preserve this historic landmark.

For more information contact Sherry Maher at 802-869-2141 or email at [athensmeetinghouse1817@gmail.com](mailto:athensmeetinghouse1817@gmail.com) or follow Athens Meetinghouse on Facebook.



**Harvest Fest**  
at the  
**Athens Brick Meetinghouse**  
**SATURDAY SEPT. 22, 2:00 PM**  
**BBQ, MUSIC, GAMES, RAFFLE**

**Catch Up With Your  
Neighbors & Make New  
Friends at the Meetinghouse!**

- BBQ at 3PM under a tent  
Suggested Donation \$10,  
Ages 10 & under free
- Great raffle prizes including 2  
cords of wood, art work, gift  
certificates for area  
businesses and much more!
- Horseshoes, kids games...

For more info 802-869-2141



## **Windham News and Notes Editorial Policy**

The Windham News and Notes is a bi-monthly community newsletter published with the goal of providing news and human interest articles of a local and regional nature. Since its inception the policy has been to decline any articles or letters-to-the-editor expressing personal opinion on any subject.

We welcome submissions from our readers dealing with news, local history, personal adventures or experiences. Gardening, wildlife, natural history, weather and "local characters" are examples of subjects found in past issues. All submissions become the property of Windham News and Notes and will be edited as appropriate. Where possible, editorial changes will be shared with authors before publication.

## **Statement on the Submission of Personal Opinions**

The Windham News & Notes is a bi-monthly community newsletter organized to provide articles of local and regional interest. It is not constructed to be a forum for personal opinions. As such, all articles are subject to approval by the editorial staff and the decisions of the staff are final. Submissions may not be accepted or may be edited to conform to the spirit of the newsletter. Authors will be told in advance of such edits should they wish to withdraw their submission.

We want to thank our readership for their continued support on this matter and encourage those who do want to publish their personal opinions to do so in the many local newspapers that provide this service.